

POCC are running a series of regattas with two races on each day. Being on the Estuary the conditions will be near on perfect so the racing will be Hard and Fast. This is a great new way to get through the winter months and should prove both exciting and challenging. The senior course will always be run on or close to the full tide so read each panul as the next regatta could have a change in the programme.

## **Programme**

## Saturday 20th July 2019

High Tide: 09.42am

- 8:15 am Karakia
- 8.45am Race 1 Briefing (10KM)
  All Senior W6 Divisions (incl. Senior Novice)
- 9:15am Race 1 start
- Hot Soup on return
- 10:00am Race 2 Briefing (5KM)
  All Junior W6 Divisions (incl. All Novice)
  All 5km race competitors must wear life jackets
- 10.30am Race 2 start
- Hot Soup on return

All registrations must be done on-line at the NKOA (Waka Ama NZ) website.

There will be no registration on the day

Entry Fees: 5km Race Competitors \$10.00, 10km Race Competitors \$20.00